

Spring 2020 TeleECHO Clinic

# Reducing the Burden of Hypertension

**FACILITATOR:** Goutham Rao, MD  
Chair of Family Medicine & Community Health  
Case Western Reserve University School of Medicine

**DATE:** Thursdays - 8 to 9am  
January 16 to April 2, 2020

**REGISTER NOW**

FREE 12-week series. Space is limited.  
Registration deadline: December 6, 2019

[cardi-oh.org/echo/register](http://cardi-oh.org/echo/register)

## How It Works

Cardi-OH ECHO utilizes simple videoconferencing technology to conduct virtual clinics with community health care providers in Ohio.

This hub-and-spoke model connects physicians, nurses and other clinicians with a multidisciplinary panel of experts who provide the specialized knowledge they need to care for patients with complex conditions.

Each clinic is comprised of a brief didactic presentation by the specialist expert, followed by case studies of de-identified patients presented by community clinicians.

## Testimonials

“The cases were ‘real life cases’ we see in practice. It is a great opportunity to discuss these cases with colleagues, for ways to be more effective.” ““

**STEVEN SWEDLUND, MD**  
Wright State Physicians Geriatrics, Fairborn, OH

“Presentation was well-organized and clearly communicated! The information was very relevant to our daily practice and clinical challenges.”

**LAURA ANGLIM, CNP**  
Community Health Services, Fremont, OH

### No-Cost CME credits available.

The MetroHealth System is accredited by the Ohio State Medical Association to provide continuing medical education for physicians, and designates this educational activity for a maximum of 12 AMA PRA Category 1 Credit(s)™. Physicians should only claim credit commensurate with the extent of their participation in the activity. Other Healthcare Professionals: check with your professional association as these credits might be applicable for licensure renewal.

For information on Project ECHO®, visit [echo.unm.edu](http://echo.unm.edu).

## Curriculum Highlights

- » Motivational interviewing
- » New strategies for blood pressure management **NEW!**
- » Social, economic, cultural and environmental influences upon blood pressure
- » Management of side effects **NEW!**
- » Special populations: elderly, African Americans, children and adolescents, **NEW!** patients with disabilities

For the full curriculum schedule, go to:  
[cardi-oh.org/echo/hypertension-spring-2020](http://cardi-oh.org/echo/hypertension-spring-2020)

## Why Join Cardi-OH ECHO

- » Professional development & retention
- » Continued learning through the sharing of best practices
- » Increased efficiency & joy of practice
- » Improved cardiovascular health outcomes
- » Patient retention & satisfaction

Founded in 2017, the mission of Cardi-OH is to improve cardiovascular health outcomes and eliminate cardiovascular health disparities in Ohio's Medicaid population.

**Coming Fall 2020 - TeleECHO Clinic - Diabetes**

Questions? Contact Shannon Swiatkowski

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🌐 [WWW.CARDI-OH.ORG](http://WWW.CARDI-OH.ORG)

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