



Cardi-OH Update

The Ohio Cardiovascular & Diabetes Health Collaborative (Cardi-OH) is a statewide initiative of health care professionals who share knowledge to improve Medicaid patient outcomes and eliminate health disparities across Ohio.

NEW! Special Message from the Ohio Department of Medicaid



Race as a Social Construct: Serving the Needs of All Individuals

Read an important position statement from ODM, Cardi-OH's sponsor, about the developing area of race-conscious medicine. This is central to Cardi-OH's development and dissemination of educational materials and resources that promote cultural humility and address the structural factors that contribute to cardiovascular and diabetes health disparities.

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Tune in to Cardi-OH Radio



Treatment of Type 2 Diabetes in Youth and Families

Check out the latest podcast featuring Anuradha Viswanathan, MBBS, Ryan Farrell, MD, and Rose Gubitosi-Klug, MD, PhD, from Case Western Reserve University.

[CLICK TO LISTEN →](#)

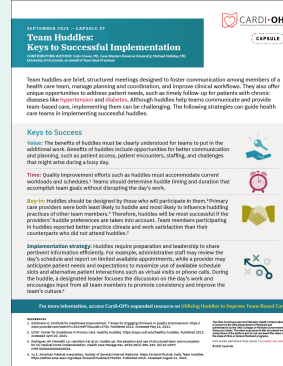
CAPSULE

Team Huddles: Keys to Successful Implementation

Did you know?

Health care team members who participate in huddles report better practice climate and work satisfaction than their counterparts who do not attend huddles.

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News You Can Use

Study Shows Epeglenatide Lowers Cardiovascular Disease Risk in High-Risk Patients with Type 2 Diabetes

Currents provide brief summaries of the latest advances in medicine or clinical practice related to diabetes or hypertension and include links to additional resources.

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Check Out What Other People Are Reading!

- 1) *Recommendations for the Treatment of Confirmed Hypertension in People with Diabetes*
- 2) *Five Pearls for Motivational Interviewing*
- 3) *Beyond the A1C: Targets for Blood Glucose and Methods of Measurement*
- 4) *Long-Acting, Low-Cost Medications to Achieve Blood Pressure Targets: Evidence for Chlorthalidone, Amlodipine, and Spironolactone*
- 5) *Outpatient Diabetes Management for Primary Care Providers: Medications Intensification and Algorithm*

Did your favorite best practices content make the August 2021 list?



NEW! Ohio Medicaid Expands Diabetes Education Benefit to



Cover DSME

Effective May 2021, all six of Ohio Medicaid & MyCare Ohio Managed Care Plans (MCPs) now cover Diabetes Self-Management Education (DSME). DSME is an evidence-based program shown to improve patient outcomes including hemoglobin A1C, control of blood pressure and cholesterol levels, medication adherence, and healthier lifestyle behaviors. It can also enhance engagement in care and self-efficacy, while decreasing health care costs, including fewer hospital admissions and readmissions. The MCPs continue to cover Medical Nutrition Therapy (MNT) for people with diabetes as another lifestyle evidence-based strategy to improve outcomes.

See the one-page guide for clinicians for more information about these important benefits.

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Learn More!

To learn more about the collaborative and read up on the latest best practices, visit cardi-oh.org or follow us on [Twitter](#) and like us on [Facebook](#).



Sharing best practices to improve cardiovascular and diabetes health.

In partnership with:

