

Simplified Prescription of Diabetes Technology and Medications



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In Spring 2021, the Ohio Department of Medicaid (ODM) launched its **Preferred Diabetic Supply List**, consolidating six unique lists previously dictated by each managed care plan into one.¹ The initiative mirrored the successful rollout of ODM’s **Unified Preferred Drug List** in 2020.²

This represents an important and potentially transformational shift for diabetes care, simplifying clinicians’ prescription of technology and medications to help patients reach glycemic targets and diabetes goals.

Diabetes technology is defined as the devices and systems people with diabetes use to manage their condition, including test strips, glucometers, and continuous glucose monitors.³ Obtaining and correctly using a home glucose monitoring device is a key part of comprehensive management of diabetes by patients and clinicians. Choice of monitoring device should be individualized based on patient factors and should align with patient goals for care (Table 1).³

Medication intensification, in addition to lifestyle modification, glucose monitoring, and **Diabetes Self-Management Education and Support**, may help patients reach glycemic targets. When intensification beyond metformin monotherapy is needed, insurance coverage, side effects, and route of administration should be considered (Table 2).^{4,5}

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Table 1. 2022 ODM Preferred Diabetic Supplies *As of April 2022*

Supplies	Preferred
Blood glucose meters	OneTouch UltraMini, OneTouch Ultra 2, OneTouch Verio, OneTouch Verio Flex, OneTouch Verio IQ, OneTouch Verio Reflect, ReliOn True Metrix Air, True Metrix, True Metrix Air
Continuous glucose monitors	DexCom G6 Transmitter/Sensor/Receiver, FreeStyle Libre 2 Sensor/Reader, FreeStyle Libre 14-Day Sensor/Reader
Test strips	OneTouch Ultra Blue, OneTouch Verio, ReliOn True Metrix, True Metrix

Table 2. 2022 ODM Preferred Diabetes Formulary *As of April 2022*

Drug Class	Preferred
Non-Insulin	
Metformin and combination	Actoplus Met XR (pioglitazone/metformin), glipizide/metformin, glyburide/metformin, Invokamet (canagliflozin/metformin), Janumet (sitagliptin/metformin), Janumet XR, Jentadueto (linagliptin/metformin), metformin, metformin XR, pioglitazone/metformin, repaglinide/metformin, Synjardy (empagliflozin/metformin)
Sulphonylurea SFU	glimepiride, glipizide, glyburide
Glucagon-like peptide-1 receptor agonist GLP-1 RA	Byetta (exenatide), Trulicity (dulaglutide), Victoza (liraglutide)
Sodium-glucose cotransporter-2 inhibitor SGLT2i	Farxiga (dapagliflozin), Invokana (canagliflozin), Jardiance (empagliflozin)
Dipeptidyl peptidase-4 inhibitor DPP-4i	Januvia (sitagliptin), Tradjenta (linagliptin)
Thiazolidinedione TZD	pioglitazone
Alpha glucosidase inhibitor AGI	acarbose, miglitol
Glinide	nateglinide, repaglinide
Insulin	
Basal	Lantus (glargine), Levemir (detemir), Toujeo (glargine U-300), Tresiba (degludec) ⁵
Bolus	Apidra (glulisine), aspart, Humalog (lispro) U-100, Humulin R (regular insulin) U-500, lispro, Novolog (aspart) U100
Premix	Humalog 50/50 (lispro protamine/lispro), Humalog 75/25 (lispro protamine/lispro), Humulin 70/30 (insulin isophane/regular insulin), aspart, protamine/aspart, Novolog 70/30 (aspart protamine/aspart)

⁵ Step therapy

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